



**2019 IWF MASTERS COMPETITION SCHEDULE**  
**16 - 24 AUGUST 2019**  
**MONTREAL - CANADA**



**Technical Meeting /Final Verification**

**THURSDAY 15 AUGUST 18:00 LOCATION TO BE ANNOUNCED**

DATE	Weigh-in	Start Time	No. of Lifters	Age Group	Body Wght. Category	Platform	Session	
<b>FRIDAY</b> 16-08-19	7:00	9:00	18	M80	ALL	A	1	
	10:30	12:30	13	M75	55 - 81 kg	A	2	
	1030	12:30	10	M75	89 - + 109 kg	B	3	
<b>OPENING CEREMONY 2 PM TO 4 PM</b>								
	13:45	15:45	10	W70	ALL	A	4	
	13:45	15:45	8	W65	ALL	B	5	
	16:00	18:00	17	M70	55 - 73 kg	A	6	
	1600	18:00	17	M70	81 - +109 kg	B	7	
			<b>93</b>					
<b>Saturday</b> 17-08-19	8:00	10:00	18	M65	55 - 73 kg	A	8	
	8:00	8:00	10:00	19	M65	81 - +109 kg	B	9
	12:00	14:00	11	M60	55 - 73 kg	A	10	
	1200	14:00	10	M60	81kg	B	11	
	14:30	16:30	11	M60	89 - 96 kg	A	12	
	14:30	16:30	9	M60	102 - +109 kg	B	13	
			<b>78</b>					
<b>Sunday</b> 18-08-19	08.00	10:00	9	W60	45 - 59 kg	A	14	
	08.00	10:00	11	W60	64 - +87 kg	B	15	
	10:30	12:30	19	W55	45 - 64 kg	A	16	
	10:30	12:30	20	W55	71 - +87 kg	B	17	
	14:15	16:15	16	M55	55 - 73 kg	A	18	
	14:15	16:15	24	M55	81 - 96 kg	B	19	
			<b>99</b>					
<b>Monday</b> 19-08-19	8:00	10:00	16	M55	102 - +109 kg	A	20	
	11:00	13:00	18	M50	55 - 73 kg	A	21	
	11.00	13:00	20	M50	81 - 89 kg	B	22	
	14:30	16:30	18	W50	45 - 59 kg	A	23	
	14:30	16:30	17	W50	64 - 71 kg	B	24	
			<b>89</b>					
<b>Tuesday</b> 20-08-19	8:00	10:00	16	W50	76 - +87 kg	A	25	
	11:00	13:00	12	M50	96 - +109 kg	A	26	
	13:45	15:45	14	W45	45 - 55 kg	A	27	
	13:45	15:45	11	W45	59 kg	B	28	
	16:30	18:30	21	W45	64 - 71 kg	A	29	
	16:30	18:30	19	W45	76 - +87 kg	B	30	
			<b>93</b>					
<b>Wednesday</b> 21-08-19	8:00	10:00	13	M45	55 - 73 kg	A	31	
	11:00	13:00	19	M45	81 - 89 kg	A	32	
	11.00	13:00	21	M45	96 - +109 kg	B	33	
	14:30	16:30	15	W40	45 - 55 kg	A	34	
	17:15	19:15	10	W40	59 kg	A	35	
	17:15	19:15	11	W40	64 kg	B	36	
			<b>89</b>					



**CONGRESS OF NATIONS 19:00 LOCATION TO BE ANNOUNCED**



<b>Thursday</b> <b>22-08-19</b>	8:00	10:00	21	W40	71 - 76 kg	A	37
	8:00	10:00	16	W40	81 - +87 kg	B	38
	11:15	13:15	15	M40	55 - 73 kg	A	39
	11:15	13:15	10	M40	81 kg	B	40
	14:15	16:15	21	M40	89 - 96 kg	A	41
	14:15	16:15	19	M40	102 - +109 kg	B	42
			<b>102</b>				
<b>Friday</b> <b>23-08-19</b>	8:00	10:00	23	M35	55 - 73 kg	A	43
	8:00	10:00	20	M35	81 - 89 kg	B	44
	11:45	13:45	15	W35	45 - 55 kg	A	45
	11:45	13:45	11	W35	59 kg	B	46
	14:45	16:45	22	W35	64 - 71 kg	A	47
	14:45	16:45	19	W35	76 - 81 kg	B	48
			<b>110</b>				
<b>Saturday</b> <b>24-08-19</b>							
	8:00	10:00	14	W35	87 - +87 kg	A	49
	10:30	12:30	20	M35	96 - 102 kg	A	50
	10:30	12:30	13	M35	109 - +109 kg	B	51
			<b>47</b>				
<b>TOTAL ENTRIES</b>			<b>800</b>				
<b>BANQUET TIME AND LOCATION WILL BE ANNOUNCED</b>							



