



**Announcement of the
36th International German Youth Combined Competition Championships
and of the
German Youth Club Championships
from 30th of November to 1st of December 2018
in Plauen, Saxony**

General information

Organiser:	German Weightlifting Federation e.V./German Weightlifting Youth
Host:	Association for Weightlifting, Powerlifting and Fitness Saxony (VGKF Sachsen e.V.)
Executor:	AC Atlas Plauen e.V.
Competition site:	Mehrzweckhalle Plauen Europaratsstraße 5 08523 Plauen

Participants:

Boys and girls born from 2001 until 2003

- With a valid German Weightlifting Federation starting book and signed yearly license
- With a certificate of medical examination (must be presented on competition day)

Foreign athletes born from 2001 until 2003

- With passport for proof of age

Competition:

There will be competitions in Olympic weightlifting (snatch and clean and jerk) and athletic triathlon (shuttle run, shot-putting, jumping), held according to the rules of the sports regulations of the German Weightlifting Federation and the German Weightlifting Youth's youth sports programme.

Athletic exercises will generally be performed after the weightlifting exercises.

However, for organisational reasons the last start groups can perform the athletic triathlon exercises before the weightlifting exercises. Nonetheless, a sufficient break of at least two hours between the athletic combined exercises and the weightlifting exercises must be ensured.

Assessment:

a) International German Youth Combined Exercise Championship:

The individual scores are assessed based on gender and weight categories according to the effective combined competition assessment. As described in the youth sports programme, the groups are formed after all registrations have been received. Only in case of significant changes in participant numbers, the groups may be altered.

b) German Club Team Championships:

A club team consists of four athletes participating in the International German Youth Championships. To be assessed as a team, at least three athletes have to start.

In case more than four athletes of a club participate in the International German Youth Championships the scores of the four best athletes will be added for the club team score.

If a club participates with more than one team, the athletes will be assigned to teams according to their scores ranked high to low. Only scores of athletes who are entitled to compete individually for the respective club and starting at the International German Youth Championships will be considered.

Awards:

a) International German Youth Combined Exercise Championship:

The three top-placed athletes of each weight category will receive a medal. All participating athletes will receive a certificate of participation.

The three top-scoring girls and boys of all age groups will receive a trophy.

b) German Club Team Championships:

Each participating team will receive a trophy and a certificate.
The executing club is making an effort to provide more prizes.

Tournament Committee:

The German Weightlifting Youth's Board of Youth Affairs will provide a tournament committee.

Judges:

The judges have been determined at the annual conference of the judge organisation of the German Weightlifting Federation and will be invited by the German Weightlifting Federation's Head of Judges and Technique.
The VGKF Saxony e.V.'s Head of Judges, Ms. Anja Bellmann, will allocate the judges.
The detailed scheduling will be communicated at the local technical meeting.
The assigned judged will also be judging the athletic combined competitions.

Starting fee:

The following starting fees will be charged:

per individual participant:	19,00 €
per club team championship:	18,00 €

The starting fee has to be paid upon receipt of the competition card or before submitting the team selections. The reporting clubs and regional associations are liable for the payment even if they do not participate.

Reporting:

The clubs must report the athletes as well as the club teams via the online portal until the **12th of November 2018**.
Late registrations are possible until the **19th of November 2018**.
For late registrations, the starting fee will double.

Liability:

The clubs are liable for damages in the changing rooms assigned by the organiser.
We ask the person responsible of each club to communicate this to their athletes.
Every athlete participates in the championships at their own risk. Every liability of the Federation and associated supporting persons for personal or material damage is excluded, except for cases of intent or gross negligence.

Preliminary schedule:**Friday, November 30, 2018**

1:00pm	Distribution of competition cards at the competition site
2:00 – 3:00pm	Weighing of all female athletes at the competition site
3:15pm	Technical meeting / Judge information
3:30pm	Announcement of groups via the competition site's notice board
3:45pm	Opening of the competition
4:15pm	Competition start group 1 female
6:00pm	Competition start group 2 female
Subsequently	Athletic group 1 and 2 with subsequent awards ceremony
6:00 – 10:00pm	Weighing of all male athletes at the competition site

Saturday, December 1, 2018

8:00am	Competition start day 2
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The award ceremony will be conducted after the competitions at the competition site.

A detailed schedule will be posted to the German Weightlifting Federation's website after registrations have closed.

Accommodation

Accommodation will be booked individually and billed directly at the respective location.

Accommodation	Address	Contact
Jugendherberge Alte Feuerwache	Neundorfer Straße 3 08523 Plauen	phone: +493741148376 e-mail: plauen@jugendherberge.de
Hotel Alexandra	Bahnhofstraße 17 08523 Plauen	phone: +493741 / 71951 e-mail: info@hotel-alexandra-plauen.de web: https://www.hotel-alexandra-plauen.de

We wish all athletes, supervisors, and fellow travellers a good trip, the desired success and a pleasant stay.

*Dr. Christian Baumgartner,
Carsten Diemer,
Eckehard Thau,
Cornelia Meinel*

*President of the German Weightlifting Federation e.V.
Head of Youth, German Weightlifting Youth
President VGKF Sachsen e.V.
Chairwoman AC Atlas Plauen e.V.*