

3rd International German Masters Weightlifting Open

03.– 04. February 2024 / Potsdam

For Masters and Adaptive Weightlifters born 1994 and older

Organizer: Athletik Club Potsdam e.V. / German Masters Weightlifting

Host: Athletik Club Potsdam e.V

Venue: Athletik Club Potsdam e.V.

Haeckelstr. 76

14471 Potsdam

Registration:

<u>German Athletes:</u>	via BVDG portal
<u>International Athletes:</u>	via Email to mastersport@bvdg-online.de (please see registration form attached, page 3)
<u>Adaptive Athletes:</u>	via Email to mastersport@bvdg-online.de (please see registration form attached, page 4)
<u>Registration fee:</u>	EUR 50,00 (non-refundable) / to be paid until Januar 15, 2024 to BVDG Masters IBAN: DE53 6709 2300 0033 0401 64

All Nationalities are welcome. Please note that international athletes have to provide written approval by their national masters body.

Final registration: January 13, 2024.

The maximum number of athletes will be 110 lifters.

"First come, first serve"-principle will be applied.

Schedule: The final competition schedule will be produced after the final date of registration in accordance to the number of athletes registered.

Preliminary Schedule (subject to change):

Saturday, February 3: M85 – M50 / W75 – W50

Sunday, February 4: M45-M30 / W45 – W30

Awards: Medals will be awarded for rank 1-3, Awards for Best Lifter of tournament (male/female) in relation to SMF / SHMF points.

Travel: The airport Berlin Brandenburg is not far away. There are hourly trains going from the airport into Potsdam from Terminal 1 and 2.

The bus and tram stops *Im Bogen/Zeppelinstraße* and *Kastanienallee/Zeppelinstraße* are the nearest stops (650m/500m).

Accommodation: <https://www.potsdam-tourism.com/en/plan-your-stay/accommodation>

Contact: mastersport@bvdg-online.de

Competition Modus:

All groups will be lifting in accordance with the IWF TCRR and the IMWA Masters Rulebook.

Adaptive Athletes: Adaptive Categories:

- Deaf or hearing
- Blind or visually impaired
- Intellectually disabled
- Amputee
- Limited Range of Motion
- (wheelchair)

- ***Please note that access to the stage will be via 2 stair steps! –***

The rules for adaptive weightlifting of the IMWA will apply (please see attached).

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Registration Form International Athletes

Please email this form with a confirmation of payment of entry fee and a letter of approval by your national governing masters body to mastersport@bvdg-online.de until January 13, 2024.

Full Name (in capital letters):	
Country:	
Date of Birth:	
Gender:	
Age Group:	
Bodyweight Category:	
Entry Total:	

Email Address:	
Telephone Number:	

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Country:	
Date of Birth:	
Gender:	
Age Group:	
Bodyweight Category:	
Entry Total:	

Email Adress:	
Telephone Number:	

Adaptive Weightlifting Category (please check as applicable):

- Deaf or hard of hearing
- Blind or visually impaired
- Intellectually disabled
- Amputee
- Limited Range of Motion
- Athlete of Short Stature (Dwarf)
- [Wheelchair (please note that there are stairs leading up onto the stage!)]

Description of the athlete's disability to support the performance of the actual competition in the SNATCH + CLEAN & JERK:

Description of any assistive devices that will be provided by the athlete: (Ex, prosthesis, wheelchair, brace, straps...)

Description of any assistive devices that may need to be provided by the competition director. (Ex, blocks, platform protective mat, ...)
